"...personnel will present a good public image, and maintain good order, discipline and morale appropriate to the Japan





"Each individual, whether military or civilian, is an ambassador of the United States and the U.S. Navy while in this AOR. As such, individual dress, attire and conduct should reflect credit

EPMNASPORTAPANTAVY020.3B and the United States,"

This presentation has been designed to clarify and educate personnel of appropriate civilian attire acceptable in the AOR. While not all inclusive, the goal is to clarify questionable attire. First and foremost, the standard ALWAYS includes a neat and clean appearance.







Shower Shoe: A rubber, water resistant sandal commonly worn while using and transiting to common showers on board ships/barracks or informal foot wear around your home. Prevents the spread of foot fungus and is a Navy uniform item. Not suitable for the spread of foot fungus and is a Navy uniform item. Not suitable for the spread of foot fungus and is a Navy uniform item. Not suitable for the spread of foot fungus and is a Navy uniform item.





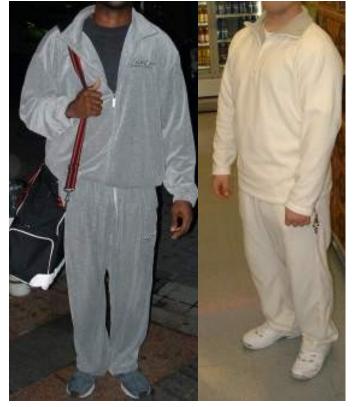




# CNFJ Civilian Clothes Guidelines Sportswear!



This is Active Wear for PT and the Gym



This is Casual Wear

# CNFJ Civilian Clothes Guidelines Sportswear!



This is Active Wear for PT and the Gym



This is Casual Wear

What about these? These are all Athletic Casual Wear and OK.



The distinction between Athletic Active and Casual wear

The distinction between Athletic Active and Casual wear can be close.

1. Clothes that were meant to work out in and only work out in are Active wear and should only be worn working out or in the gym.

2. There are some clothes that can be worn in public and also be worn to work out in. If those clothes are neat, clean and presentable, they can possibly be casual wear. But, if you just wore those same clothes to work out in, don't expect to go into the Navy Exchange or any other outlet in that category.



PANTS! This is Too Baggy?



#### SKIRTS!

Too Short

OK





Other Unacceptable



Undershi rts



Do-Rag

#### Inappropriate Wear



Frayed Pants, Pants too long, and showing too much midriff.

#### Appropriate Wear



Pants not too long, T-Shirt under Basketball Jersey, showing less than 1 inch of midriff.

For those of you who are already within the policy, thanks!



